



2026-2027 RHS Cell Phone Expectations

"Creating a focused learning environment"



WHY?

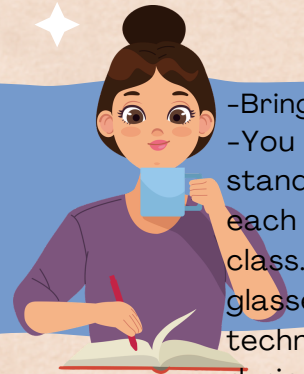
Research indicates that unrestricted cellphone use has a negative impact on academic performance, student behavior, and mental health.

WHAT IS THE DETOX PHASE?

A period of time in which students do not use their cellphones at all during class time. This is to help students limit distractions and recognize the negative effects of excessive cell phone use on their well-being, such as decreased productivity, increased stress, and reduced face-to-face interactions.



EXPECTATIONS



- Bring devices at your own risk.
- You must place your cell phone in the standard designated holding area, in each classroom at the beginning of class. Earbuds, smartwatches, Meta glasses, and other wearable technology are not permitted for use during class.

CLASSROOM PROCEDURES

- Cell phones will be allowed for instructional purposes at the discretion of the teacher.
- Phones are not allowed to be taken to the bathroom during class time.



LET'S WORK TOGETHER TO CREATE A
FOCUSED, POSITIVE, HEALTHY AND ENRICHING
LEARNING ENVIRONMENT AT RHS!

